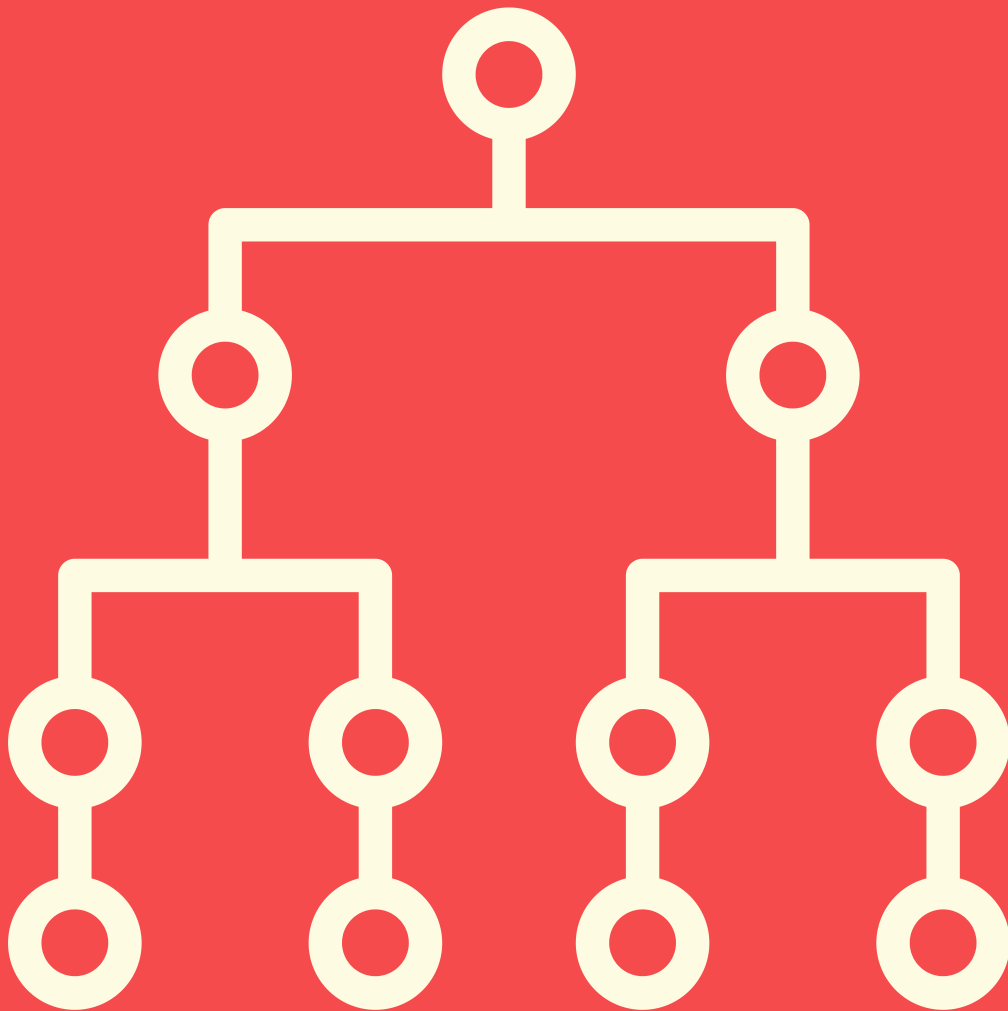


RURAL MISSIONS



EQUIPPED TO MAKE DISCIPLES

A SIMPLE GUIDE TO THE LEARN THE TOOLS
TO MAKE DISCIPLES



*FEEL EQUIPPED AND READY TO SHARE
JESUS, MAKE DISCIPLES, AND SEE
OTHERS DO THE SAME.*

CONTENTS

INTRODUCTION

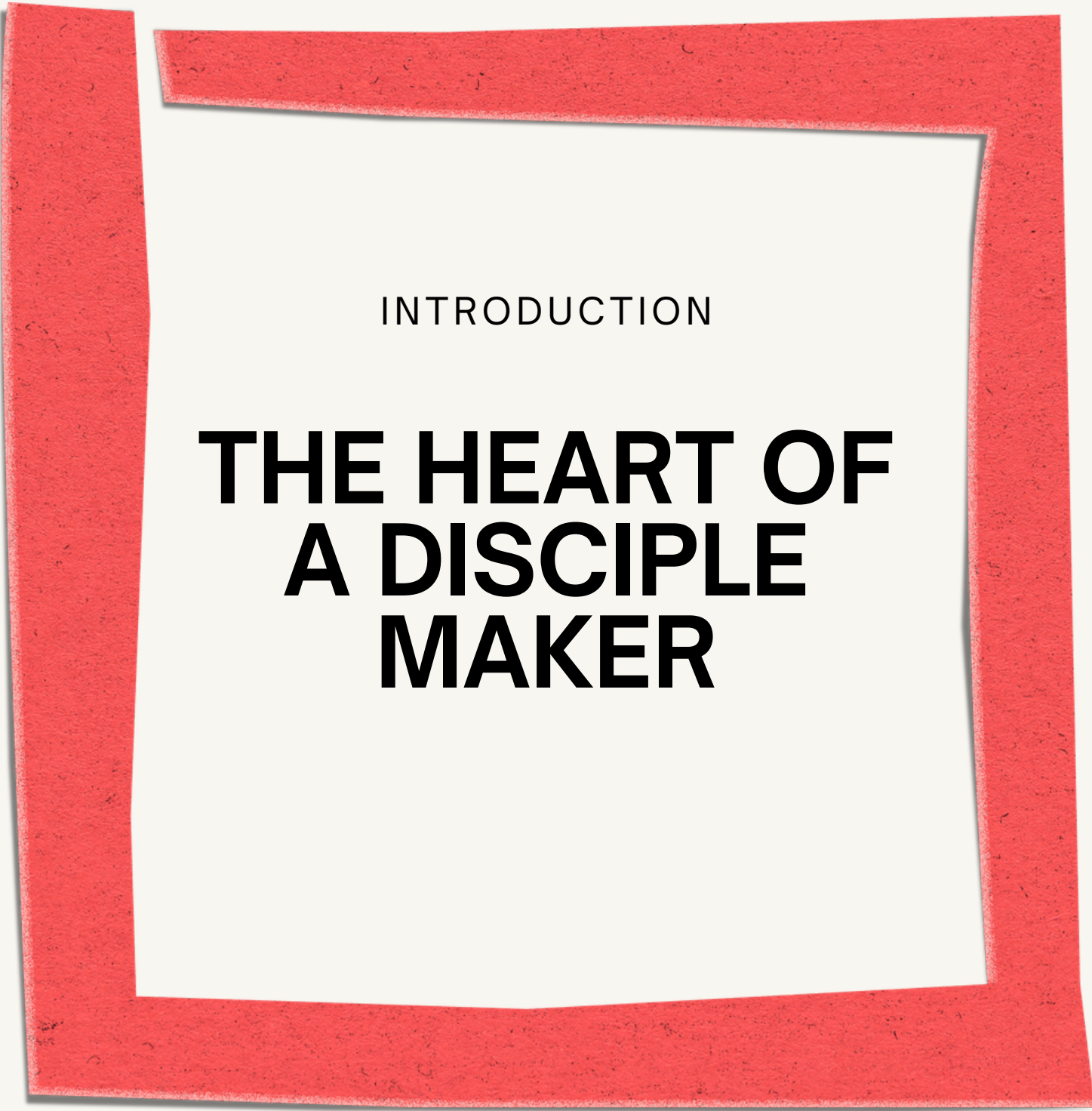
THE HEART OF A DISCIPLE MAKER

1
OUR MISSION - WHY WE GO?

2
STARTING WHERE YOU ARE

3
WHAT DO YOU SAY?

4
START NOW

A thick, red, textured border surrounds the central text, resembling a piece of heavy cardstock or a frame. The border has a slightly irregular, hand-cut appearance.

INTRODUCTION

THE HEART OF A DISCIPLE MAKER

Jesus gave His followers a simple command:

**“GO AND MAKE DISCIPLES OF ALL
NATIONS...”**

(Matthew 28:19)

That wasn't just for pastors, missionaries, or people with Bible degrees.

It was for **every** follower of Jesus.

When Jesus called His first disciples, He didn't ask them to join a program.

He said, “Follow Me, and I will make you fishers of people.”
He invited them into a new way of life, one where following Him meant helping others follow Him too.

This guide is about living that kind of life.

It's for anyone who wants to take Jesus' words seriously and see people around them come to know Him.

**YOU DON'T NEED TO BE AN EXPERT.
YOU JUST NEED TO BE WILLING.**

WHY THIS MATTERS?

The world is full of people who don't yet know the hope and peace that Jesus gives.

Many are close to us: family, friends, neighbors, coworkers.

They aren't far away; they're across the street, at the next desk, or sitting beside us at lunch.

Sometimes we think making disciples means doing something big or complicated.

But Jesus' way was simple: He loved people, shared truth, prayed, and showed others how to do the same.

He multiplied His life through ordinary people.

That's what this guide is about, learning to live like Jesus and helping others do the same.

WHAT TO EXPECT

Over the following pages, we'll walk through a few simple questions that can change your life and the lives of others

1. Why do we go?
2. Who do we reach?
3. What do we share?
4. When do we start?

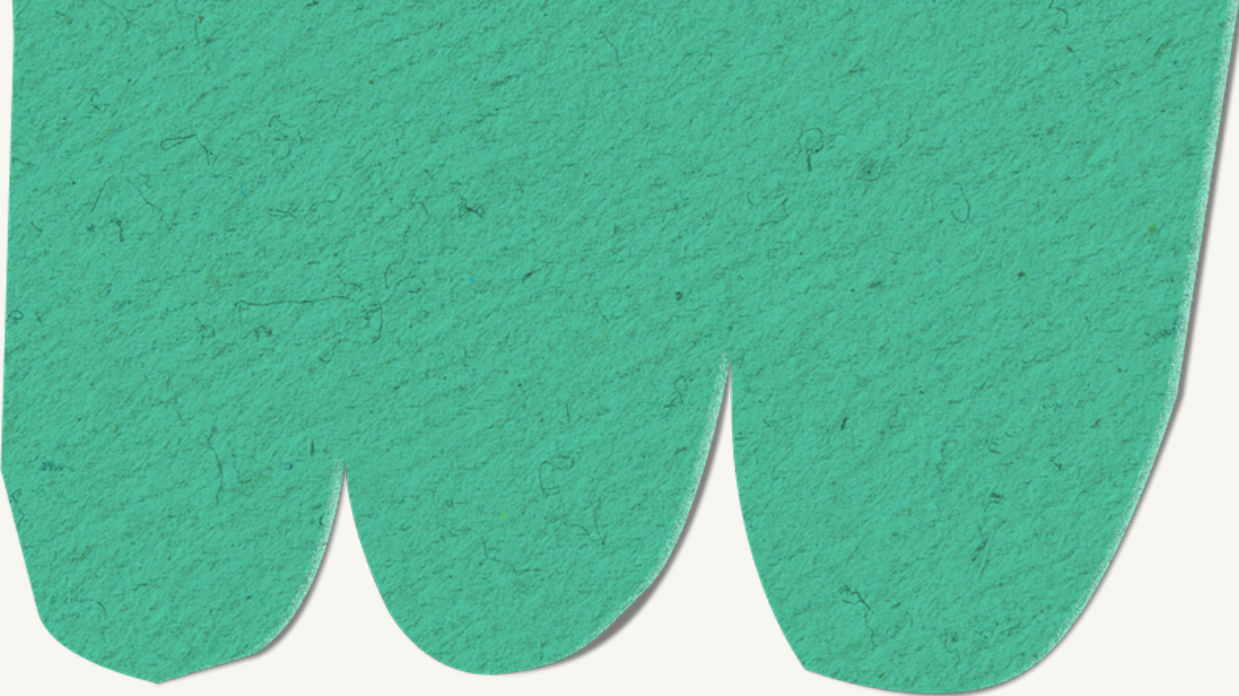
Each part will give you something to learn, something to practice, and something to do right away.

This isn't just information, it's an invitation to action.

Before we start lets pray and invite God into this journey...

**Jesus, thank You for saving me.
Thank You for inviting me to follow You.
Teach me how to help others follow You too.
Use me to bring Your love and truth to the
people around me.**

Amen



CHAPTER 1

OUR MISSION

WHY WE GO



WHEN WE FOLLOW JESUS, HE GIVES OUR LIVES A NEW PURPOSE.

*He doesn't just save us from something... He saves us for something.
He invites us to join Him in His mission.*

God's Heart for People

From the very beginning, God's heart has been for people. He created us to know Him and walk with Him. But sin broke that relationship. People turned away, choosing their own way instead of God's. Even so, God didn't give up.

He sent His Son, Jesus, to rescue us, to bring us back to Himself. Now, everyone who believes in Jesus has new life.

"Therefore, if anyone is in Christ, he is a new creation; the old has gone, the new has come."

(2 Corinthians 5:17)

When Jesus changes us, He makes us new. But this new life isn't just for us to keep, it's meant to be shared.

Our New Role: Ambassadors for Christ

Right after Paul says we are new creations, he writes:

"We are therefore Christ's ambassadors, as though God were making His appeal through us."

(2 Corinthians 5:20)

An ambassador represents someone important in another place. That's who we are now, God's representatives in the world. We speak and live in a way that shows others what Jesus is like.

God could have chosen any way to share His message, but He chose us. We go because He sends us. We speak because He speaks through us.

Jesus' Example

Jesus didn't stay in one place and wait for people to come to Him. He went to them, in homes, at meals, on the streets, and in the countryside. He met people where they were, loved them, and invited them to follow Him.

Then He told His followers,

“As the Father has sent Me, I am sending you.”

(John 20:21)

We continue what Jesus started. We go because He went. We love because He loved. We make disciples because He made disciples.

Obedience, Not Perfection

You don't have to have all the answers. You don't have to be a great speaker. You just have to be willing to obey.

Jesus said, “If you love Me, keep My commands.”

(John 14:15)

Obedience is how we show love to Jesus. When we share His message, even when it feels uncomfortable, we're showing that we trust Him.

It's not about being perfect; it's about being faithful.

The Urgency of the Mission

Every day, people around us live without knowing Jesus. They face struggles, fear, and hopelessness without His peace. We can't reach everyone, but we can reach someone. We can start with the people God has already placed around us.

Jesus said, “*The harvest is plentiful, but the workers are few. Ask the Lord of the harvest to send out workers into His harvest field.*”

(Luke 10:2)

When we say “**yes**” to Jesus, we become one of those workers. The harvest is ready, we just need to go

REFLECTION QUESTIONS

Take a few minutes to think and write:

What does being a “new creation” mean to you personally?

What does it mean to be Christ’s ambassador in your daily life?

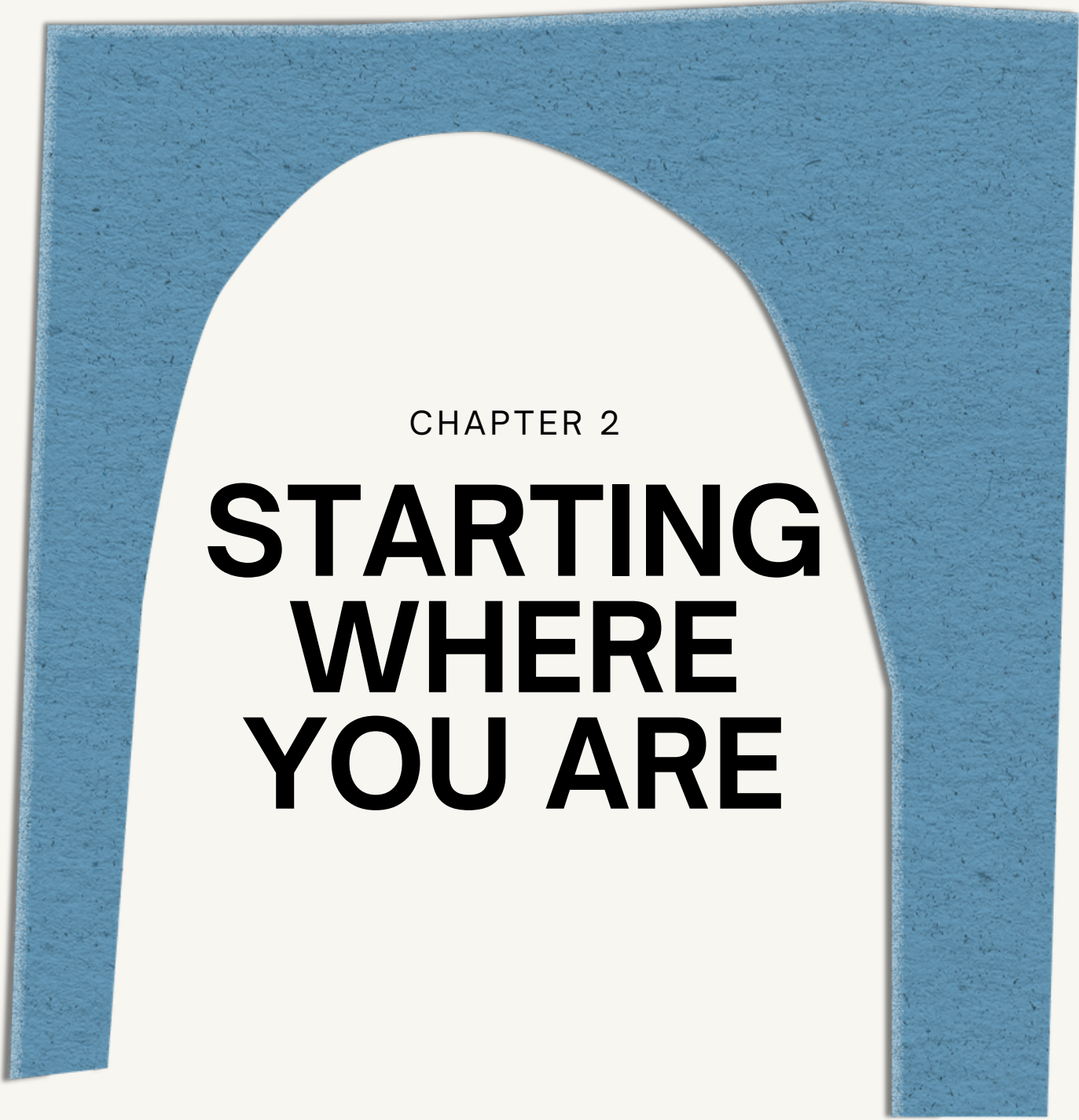
What might be holding you back from sharing God’s message with others?

ACTION STEP

This week, pray each day for God to give you His heart for the people around you.

Ask Him to help you see others the way He does.

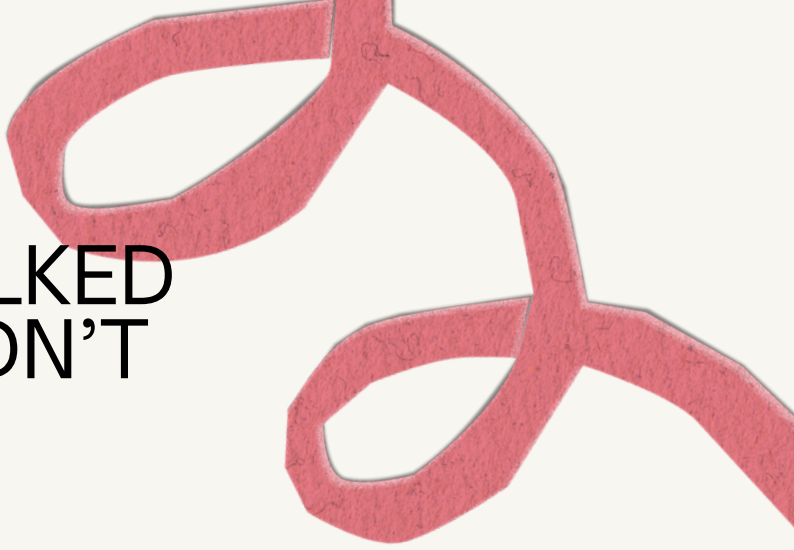
Write down the names of a few people you see often and start praying for them by name.



CHAPTER 2

STARTING WHERE YOU ARE

WHEN JESUS WALKED ON EARTH, HE DIDN'T JUST SPEAK TO CROWDS.



He spent time with people, one conversation, one meal, one friendship at a time. He saw people that others overlooked. He noticed the broken, the curious, and the hungry. And He loved them. If we want to live like Jesus, we start by seeing the people He's already placed around us.

THE PEOPLE AROUND YOU

You don't have to go far to find people who need Jesus. They're already in your life, family, friends, neighbors, coworkers, classmates. Some are close to you. Some you only see once in a while. But God has placed you in their lives for a reason. Sometimes we think of "mission" as something that happens in another country or a special calling. But your mission field starts where your feet are, your home, your street, your workplace, your town or village.

GOD'S STRATEGY HAS ALWAYS BEEN PEOPLE

When Jesus sent out His followers, He told them to look for a person of peace, someone open and welcoming to the message (Luke 10:6). He started movements by reaching households, not just individuals, people like the Samaritan woman who told her whole town, or the man set free from demons who went home and shared what God had done.

God still works that way today. He reaches people through relationships. He works through trust, love, and everyday conversations.

ACTIVITY: MAKE YOUR PEOPLE LIST

Let's take a few minutes to think about the people in your life. Get a piece of paper and draw a small circle in the middle. Write your name inside it.

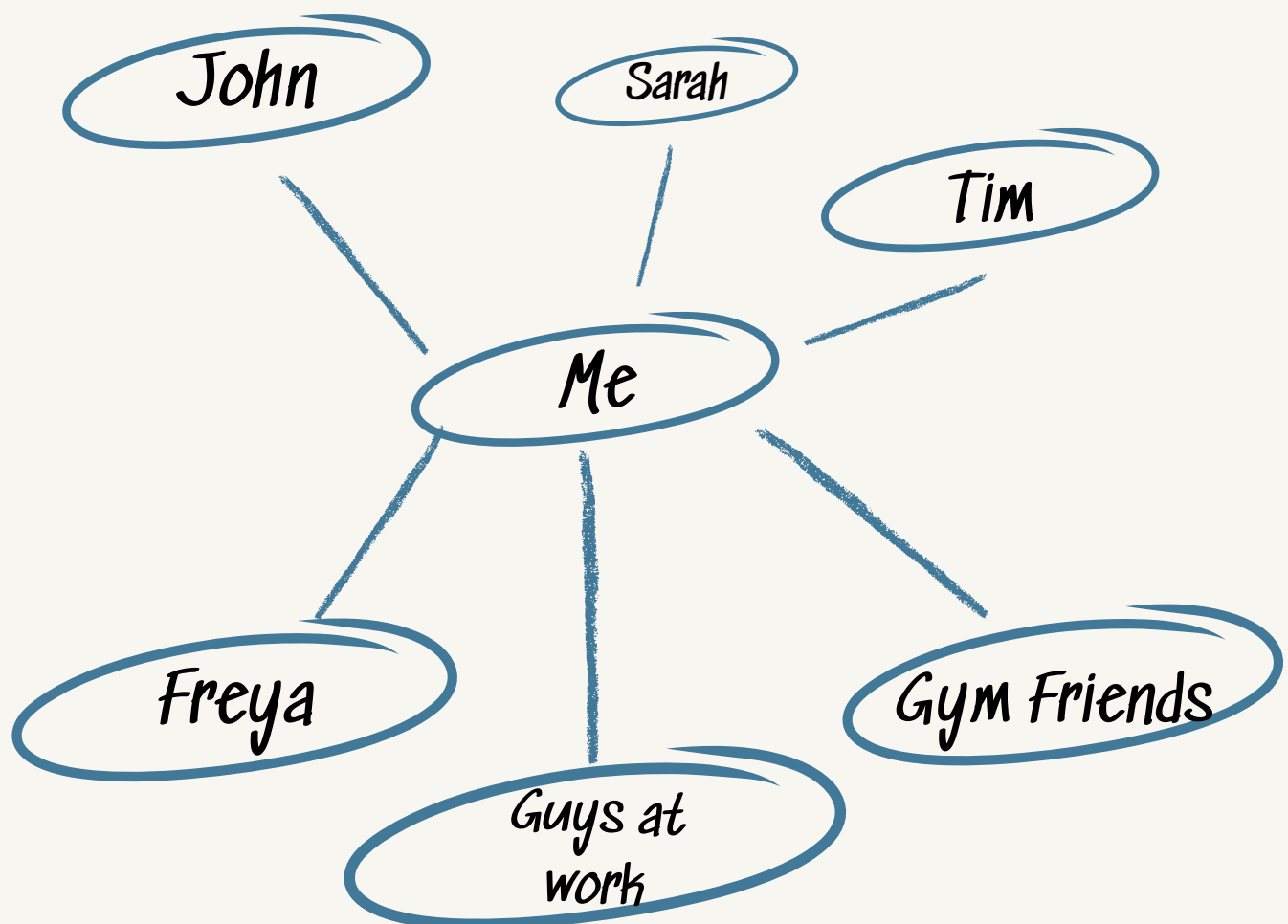
Then draw lines out from your name, like branches on a tree. At the end of each line, write the names of people you know, family, friends, neighbors, coworkers, anyone who doesn't yet follow Jesus.

Don't worry about making it perfect.

Just ask God, "Who are You already wanting to reach through me?"

You might be surprised who comes to mind.

This is your People List, a visual way to see your mission field.



PRAY FOR YOUR PEOPLE

Now that you have names, start praying for them every day.

You can pray something simple like:

“Father, thank You for loving these people.
Please open their hearts to know You.
Give me chances to show Your love and share Your truth.
Use me to point them to Jesus.
Amen.”

Prayer changes things... especially us.

As you pray, you'll start to notice new opportunities to care, listen, and share.

BE
READY
TO
LOVE
AND
LISTEN

Sometimes sharing about Jesus starts with a question, not a speech. It starts with listening to someone's story, showing kindness, or offering to pray.

When people feel loved, they become open to hearing about the One who loves them most.

Be ready for small moments, a coffee conversation, a text message, a walk, or a kind word. God often works through simple, ordinary moments.

If we try to reach people without prayer, it turns into a to-do list.

If we pray but never go, our faith stays comfortable.

But when we pray and go, God moves, in us and through us.

REFLECTION QUESTIONS

Take a few minutes to think and write:

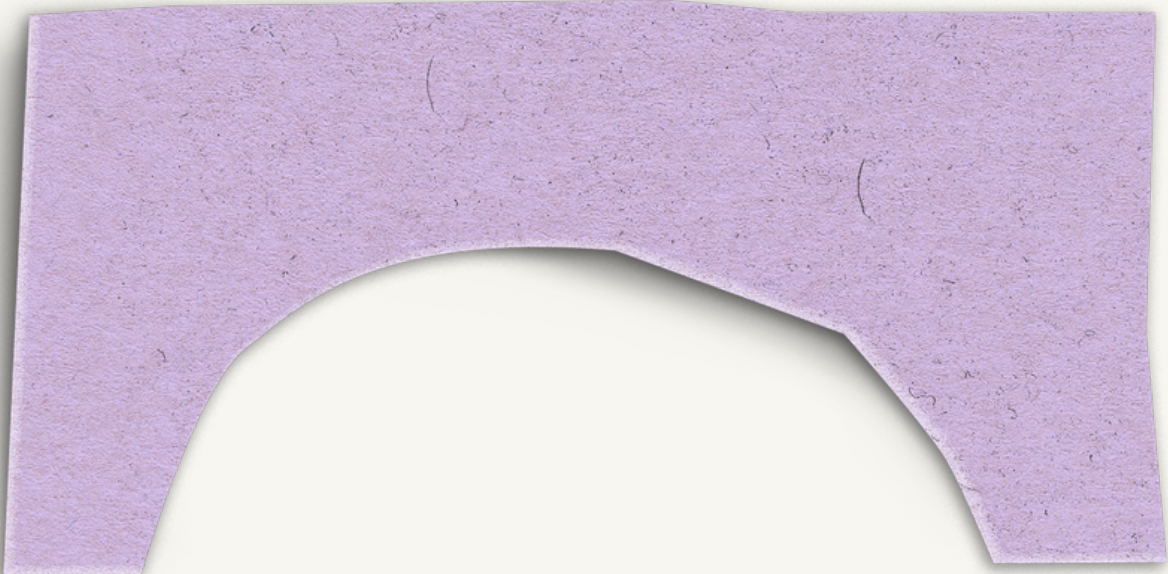
Who has God already placed in your life that needs to know Him?

Which relationships do you feel drawn to pray for more intentionally?

How can you show love and care to one of those people this week?

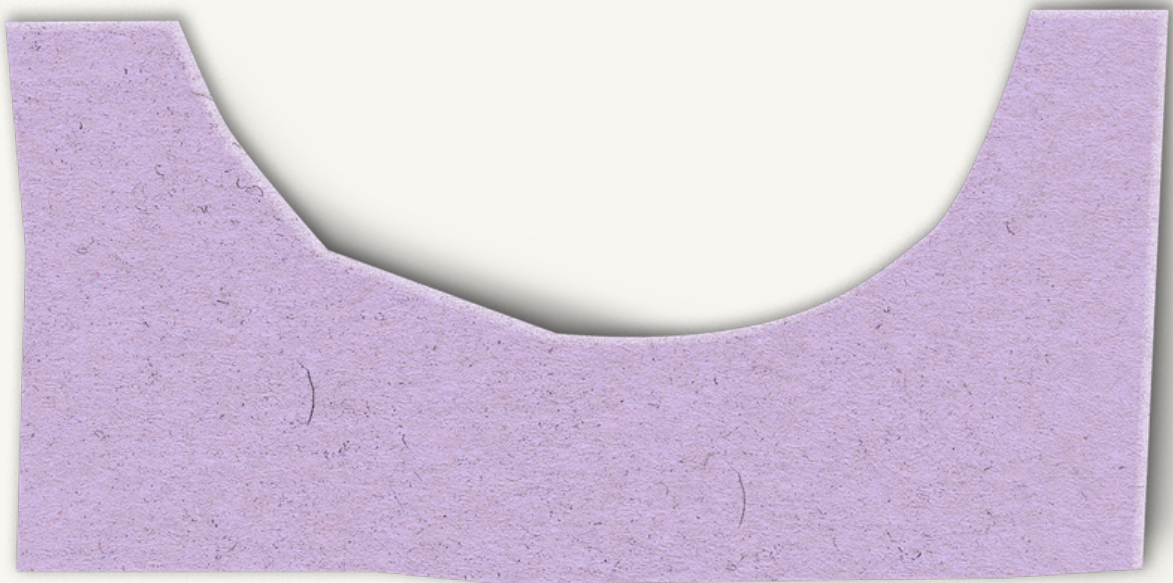
ACTION STEP

- Create your People List today.
- Pick five names to pray for every day this week.
- Ask God to open doors to show love or share your story with one of them.



CHAPTER 3

WHAT DO YOU SAY?



JESUS CHANGES LIVES, AND THAT'S NEWS WORTH SHARING.

*Every follower of Jesus has a message to tell.
It's not about having all the right words; it's about sharing what God
has done in you and what He can do in others.*

*When we tell our story and God's story, we give people hope that
change is possible.*

OUR STORY MATTERS

In the Gospels, people who met Jesus couldn't keep quiet about it. The man set free from demons went home and told everyone what Jesus had done. The Samaritan woman ran back to her village and said, "Come, see a man who told me everything I ever did!" Their stories opened doors for others to meet Jesus. You have a story like that, too. It doesn't need to be dramatic. It just needs to be real.

HOW TO TELL YOUR STORY SIMPLY.

You can share your story in three short parts.

1. Before Jesus: What was your life like before you began following Him?
2. How You Met Jesus: What helped you understand who He is and what He did for you?
3. After Jesus: What's changed since you started following Him?

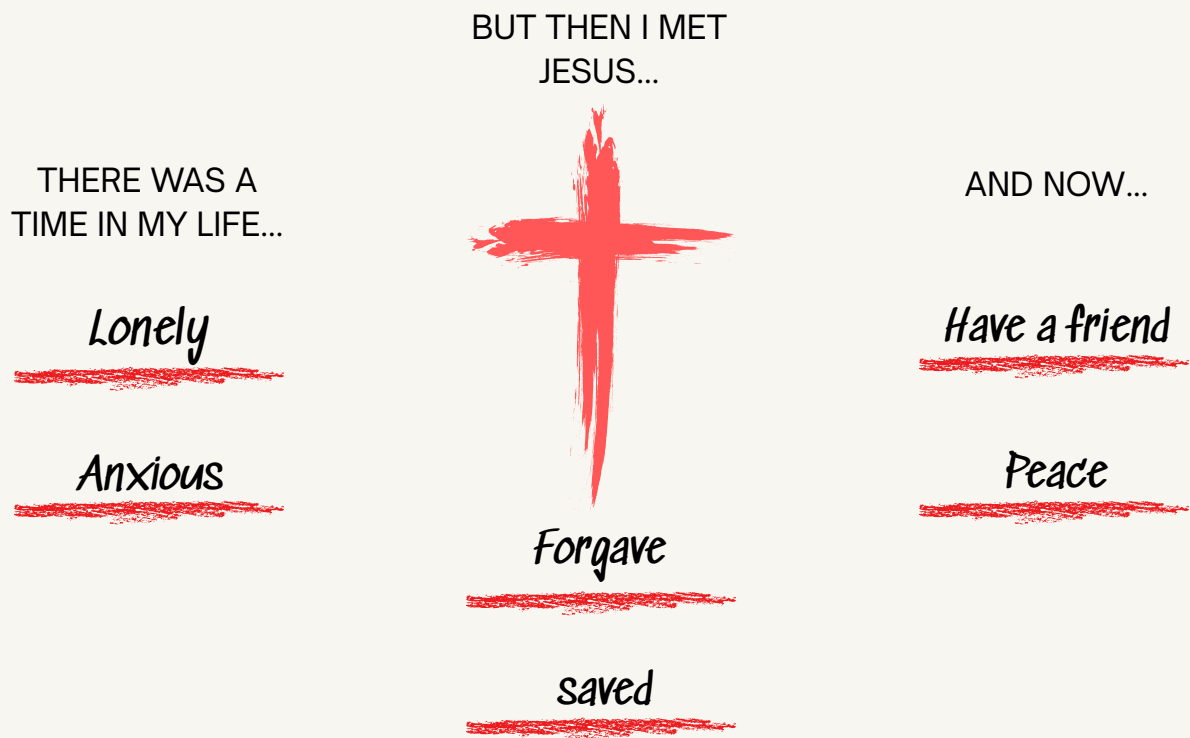
Here's a simple way to put it together:

"There was a time in my life when (your life before Jesus), but then I realised (how you came to faith).

Since I began following Jesus, (what's different now).

Do you have a story like that?" (That last question is powerful; it invites conversation instead of pressure.)

You can use this template to visually draw out your story.

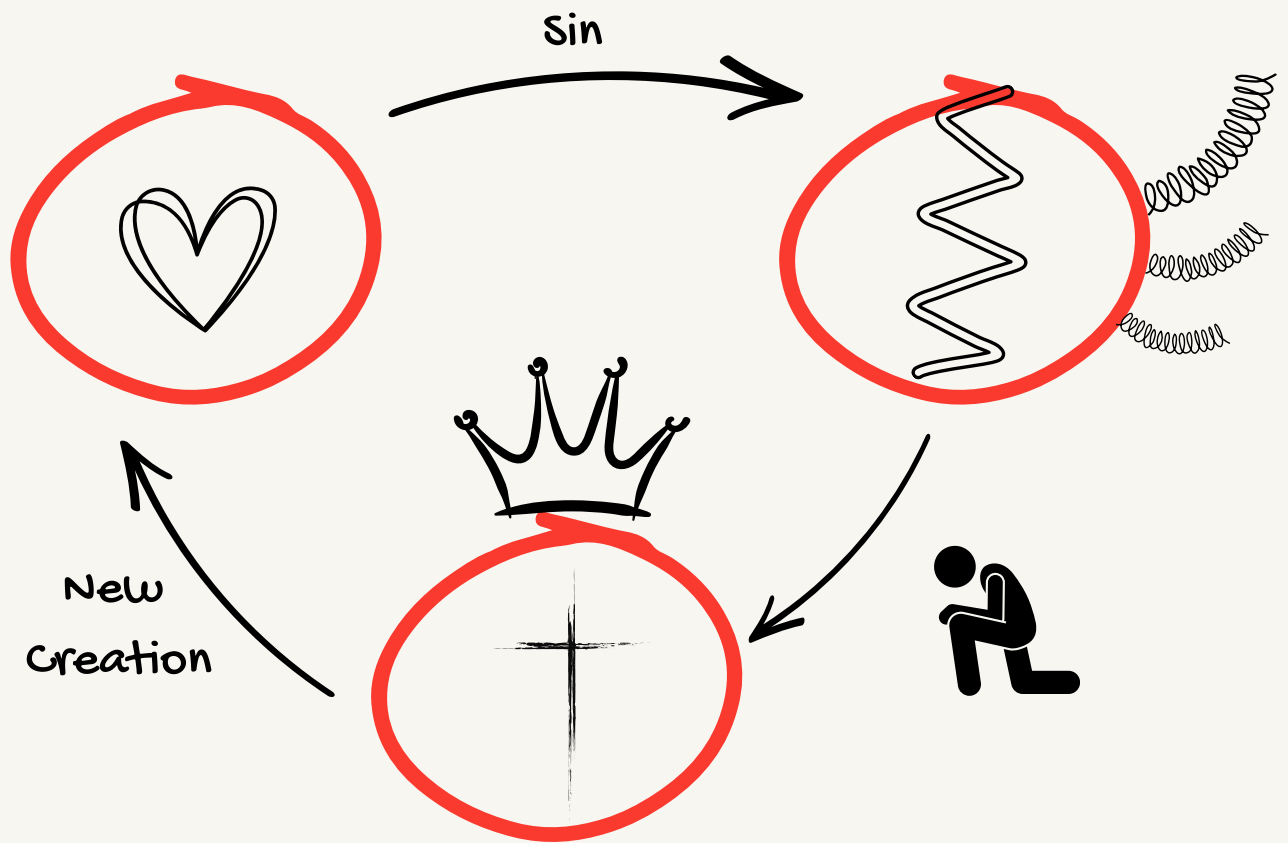


GOD'S STORY

Your story shows what God has done in your life. But people also need to hear God's story, the good news of what Jesus has done for everyone.

You might already feel confident sharing the gospel, that's wonderful. But for many of us, it can be challenging to keep our message clear, simple, and easy to understand. That's why using a simple framework or tool can be so helpful.

There are many great ways to explain the good news of Jesus, and no single method is the "right" one. The example below is just one simple and creative way to share the gospel that I've found helpful. Feel free to use it, adapt it, or find another approach that works best for you, the most important thing is that the message of Jesus is shared.



THE 3 CIRCLES: A SIMPLE WAY TO SHARE GOD'S STORY

The world around us is full of brokenness. We see it everywhere, in pain, addiction, fear, and relationships that fall apart. We all know what it feels like to be part of that brokenness.

But that's not how things were meant to be.

1. God's Design - Draw a circle and label it "God's Design."
God created everything good and perfect. He made us to live in peace, with Him, with each other, and with creation. In God's design, we experience love, purpose, and wholeness. But there's a problem.

2. Brokenness - Draw a second circle and label it "Brokenness."
Then draw an arrow from God's Design to Brokenness and write the word "Sin." We left God's design when we chose our own way instead of His. The Bible calls this sin. Our sin separates us from God and leads to the brokenness we see and feel. In our brokenness, we try to fix ourselves through success, relationships, good deeds, or distractions... but none of it can heal the separation from God. Every attempt just pulls us deeper into the mess.

3. Jesus - Now draw a third circle and label it “Jesus.”

Draw an arrow from Brokenness to Jesus and write “Turn + Believe.”

Then draw an arrow from Jesus back to God’s Design and write “New Life.”

God saw our brokenness and loved us too much to leave us there. He sent Jesus, who lived a perfect life, died on the cross for our sins, and rose from the dead to restore us to God. When we turn from our sin and believe in Jesus, God forgives us and makes us new. He gives us His Spirit to help us follow His design again. Living in God’s Design again

4. Living in God’s Design Again. When we believe in Jesus, He begins to change our hearts and our lives. We start learning to walk in God’s design again and He sends us out to share this good news with others, so they can find new life

IT DOESN’T NEED TO BE PERFECT

When you draw it for someone, it can sound something like this:

“We live in a world full of brokenness... we all feel it.
But that’s not how God designed it to be.

God’s design was perfect, full of peace and purpose.
But when we turned away from Him and sinned, we ended up in brokenness.

We all try to fix our brokenness, but it never really works.
God loved us so much that He sent Jesus to take our place, die for our sins, and rise again.

If we turn from our sin and believe in Jesus and make him king of our lives, He forgives us and gives us new life.

Then we can begin living in God’s design again, and help others find their way too.”

ACTION STEP

Take some time this week to practise sharing the gospel using this simple framework.

You don't have to wait until you're in front of someone. Practise it in everyday moments, while you're getting ready in the morning, in front of the mirror, in the shower, or while you're driving. The more familiar it becomes, the more naturally it will come out in conversation.

If you can, ask a friend or family member if you can practise with them. Invite them to give you honest feedback. Was it clear? Was it easy to follow? Did it sound like a conversation rather than a presentation?

Remember, the goal isn't to memorise a script. The goal is to become so familiar with the good news of Jesus that you can share it naturally, confidently, and with love whenever God opens the door.



**PRACTICE BUILDS CONFIDENCE, AND CONFIDENCE
HELPS US MOVE FROM HESITATION TO OBEDIENCE
WHEN GOD OPENS A DOOR.**

Four vertical, slightly wavy yellow paper strips are positioned on a white background, creating a frame-like effect. They are evenly spaced and run from near the top to near the bottom of the page.

CHAPTER 4

START NOW

START NOW — TAKING THE NEXT STEP

Knowing is important, but knowing alone doesn't change the world. At some point, every disciple has to move from learning to doing. Jesus didn't call His followers just to listen to Him. He called them to follow Him, learn from Him, and join Him in His mission.

The disciples didn't become disciple makers because they felt completely ready. They became disciple makers because they obeyed Jesus and learned along the way. The same is true for us.

DON'T WAIT UNTIL YOU FEEL READY

One of the biggest barriers to sharing Jesus is the feeling that we aren't ready. We think:

- "I don't know enough."
- "I'm not good at talking to people."
- "Someone else would do a better job."
- "I'll do it when I know more."

But Jesus has never asked us to be perfect before He sends us. He asks us to be faithful. The early disciples were ordinary people. They were fishermen, tax collectors, and everyday men and women.

What made them effective was not their ability; it was that they had been with Jesus and were willing to obey Him.

"AS THE FATHER HAS SENT ME, I AM SENDING YOU." - JOHN 20:21

Start Small, Start Simple. You don't have to change the whole world tomorrow.

Start with one person. Start with someone on your People List. Start with a conversation. Start with a prayer. Start by sharing what Jesus has done in your life.

As you pray for people and practise sharing your faith, begin looking for the opportunities God gives you.

- A friend asking a question about faith.
- Someone sharing a struggle with you.
- A conversation over coffee.
- A moment when someone needs hope.
- A chance to pray with someone.

We don't force conversations, we learn to recognise them.

Ask God each day:

- "Who can I love today?"
- "Who can I encourage today?"
- "Who can I point towards Jesus today?"

TOOLS ARE HELPFUL, BUT OBEDIENCE IS THE GOAL

Throughout this guide, I have shared some simple tools and frameworks that can help you take the next step.

Things like:

- ways to pray for the people God has placed around you,
- ways to share your story,
- ways to explain God's story,
- and ways to begin conversations about Jesus.

These tools are not my ideas, and they are not the only ways to do these things. There are many great resources, methods, and approaches that can help us live out the mission Jesus has given us.

These are simply tools that I have found helpful, and my hope is that you will find them helpful too.

BUT REMEMBER — THE TOOL IS NOT THE GOAL.

A tool can help us, but a tool does not make disciples. A method does not change lives. Jesus does.

The most important thing is not whether you use the exact same approach as someone else. The most important thing is that you are following Jesus, loving people, and stepping out in obedience.

Use these tools. Adapt them. Learn from others. Find what works in your context. But above all else... go.

Make It a Lifestyle. Making disciples is not a project we complete. It is a way of living. It happens through everyday relationships, everyday conversations, and everyday obedience.

The goal is not simply to share the gospel once. The goal is to live in such a way that others can see Jesus through us and begin following Him too.

As you grow, help others grow. As you learn, share what you learn. As someone encourages you, encourage someone else.

This is how disciples multiply.

REFLECTION QUESTIONS

1. What is one step of obedience God is asking you to take?
2. Who is one person you can begin praying for and reaching out to?
3. What fear do you need to surrender to God?
4. Who could you invite to join you as you learn to make disciples?

ACTION STEP

- Don't wait for the perfect moment... start today.
- Pray for one person on your People List.
- Look for one opportunity to encourage or serve someone.
- Practise sharing your story and the gospel.
- Ask God to open a door, and be ready to walk through it.

Remember:

**PRACTICE BUILDS CONFIDENCE, AND
CONFIDENCE HELPS US RECOGNISE AND
STEP INTO THE OPPORTUNITIES GOD
GIVES US TO SHARE JESUS.**

The mission doesn't begin when we feel ready.
The mission begins when we say **yes**.